

General Psychology
Psych 1 – E1978
Spring 2013

Instructor: Mark Winter, PhD

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Office: Creative Arts 132, Eureka Campus

Class Website: <http://mycr.redwoods.edu>

Textbook website: http://bcs.worthpublishers.com/exploring8e/#t_577581

Phone: 707-476-4310

Office Hours: MW 1-2:30, TTh 1-2, and by appt.

Course Description: Psychology is the scientific study of behavior and mental processes through the exploration of major theories and concepts, methods, and research findings. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses. *Recommended: English 150.*

Student Learning Outcomes: (1) Analyze psychological research and synthesize information in writing. (2) Analyze how experience, culture, learning, and biology affect behavior and cognitive processes. (3) Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of psychological theory and research including: (a) biological bases of behavior and mental processes, (b) sensation and perception, (c) learning, (d) cognition, (e) personality, (f) social processes, (g) developmental changes, (h) psychological disorders, and (i) emotion and motivation.

Text: Myers, D.G. (2011) *Exploring Psychology* 8th edition. Worth Publishers. Purchase any format: hardback, paperback, loose-leaf (cannot sell back to bookstore), or ebook.

- You can purchase the text directly from the publisher at <http://www.worthpublishers.com/Catalog/product/exploringpsychology-eighthedition-myers/formatsandpackages/formats>
Hardback (\$132), paperback (\$119), loose-leaf (\$64), or ebook (\$53).
- You can purchase the paperback text from the CR Bookstore at <http://bookstore.redwoods.edu/>
- You can purchase or rent the text from an online vendor (ISBN: 1-4292-3826-7) such as amazon.com or chegg.com for considerably less than the retail price.

A copy of the text is on two-hour reserve at the LRC, Eureka campus.

Student Commitment: This three credit-hour class will require about nine hours per week of your time. You will have to regularly attend class – four or more absences is considered excessive, carefully read textbook chapters, submit thoughtful daily writing assignments, complete a research paper, and successfully demonstrate your learning in exams. Conscientiousness, attention to details, reading, writing, and study skills are critical.

Exams (41% or 200 points): Each exam will consist of 20 multiple-choice questions per chapter. After graded exams are returned, you can improve your score ½ point for each missed item by identifying the correct answer and text page. Corrections are due one week following the exam's return. You must take the exam at or before its scheduled date for full credit. Late exams are allowed up to one week with a 20% penalty.

Lecture Points (17% or approx. 84 points at 3 points each class): Near the end of each class you will identify a topic from the lecture to respond and relate to your personal experience. Specifically, you will be asked to: Thoughtfully respond/react to the topic (1 point), relate/apply the topic to your own personal experience (1 point), and write a question you have based on the day's topic (1 point). You must attend the full lecture to receive credit.

Research Paper (21% or 100 points): This will be a short paper on any psychology topic of your choice including an outline (20 pts.), paper (50 pts.), and revised paper (30 pts.). Information is available using the Assignments link at the class website. Late papers are accepted one week after the deadline with a 20% late penalty.

Final Exam (21% or 100 points): The final exam will consist of 80 multiple-choice items based on chapters 12-15 and 20 recycled questions from prior exams. There will not be an opportunity to correct missed items. You must take the exam at or before its scheduled date. Late exams are not allowed.

Please Note: There are no extra credit assignments.

Grade Distribution: **A** = 93% and above, **A-** = 90-92%, **B+** = 88-89%, **B** = 83-87, **B-** = 80-82%, **C+** = 78-79%, **C** = 65-77%, **D** = 60-64%, **F** = 59% and below

Dates	Topic	Readings	Assessment
Week 1: Jan 15 – Jan 17	Introduction	Chapter 1	T/Th Lecture Points
Week 2: Jan 22 – Jan 24	Nature, Nurture, and Human Diversity	Chapter 4	T/Th Lecture Points Take Home Exam
Week 3: Jan 29 – Jan 31	The Biology of Mind	Chapter 2	T/Th Lecture Points

Week 4: Feb 5 – Feb 7	Consciousness	Chapter 3	T/Th Lecture Points
Week 5: Feb 12 – Feb 14	Sensation and Perception	Chapter 6	T/Th Lecture Points
Week 6: Feb 19 – Feb 21	Learning	Chapter 7	T/Th Lecture Points
Week 7: Feb 26 – Feb 28	Exam 1 Tuesday Memory	Chapter 8	Ex 1 Chs 2,3,6,7 Th Lecture Points
Week 8: Mar 5 – Mar 7	Memory/Thinking, Language, and Intelligence	Chapters 8 and 9	T/Th Lecture Points Paper Outline
March 10-17	Spring Break	Spring Break	Spring Break
Week 9: Mar 19 – Mar 21	Thinking, Language, and Intelligence/ Motivation	Chapters 9 and 10	T/Th Lecture Points
Week 10: Mar 26 – Mar 28	Motivation/Emotions, Stress, and Health	Chapters 10 and 11	T/Th Lecture Points Research Paper
Week 11: Apr 2 – Apr 4	Emotions, Stress, and Health Exam 2 Thursday	Chapter 11	T Lecture Points Exam 2 Chs 8-11
Week 12: Apr 9 – Apr 11	Personality	Chapter 12	T/Th Lecture Points
Week 13: Apr 16 – Apr 18	Psychological Disorders	Chapter 13	T/Th Lecture Points Revised Paper

Week 14: Apr 23 – Apr 25	Therapy	Chapter 14	T/Th Lecture Points
Week 15: Apr 30 – May 2	Social Psychology	Chapter 15	T/Th Lecture Points
Final Exam: Tuesday, May 7 3:15 – 5:15			Final Exam (Chs 12-15 and recycled items)

Note: While I make every effort to follow the standards and schedule of this syllabus there may be times when changes are necessary. I will inform the class of any changes.

Code of Conduct: I would encourage you to familiarize yourself with the Student Code of Conduct Standards in the college catalogue under campus policies and regulations.

Students with Disabilities: This class is designed to accommodate students with disabilities. Please contact me directly with specific concerns. For more information regarding the College's services for students with disabilities go to the DSPS website at <http://redwoods.edu/district/dsps/>

***Note:** Administrative procedure (AP) 5075 allows instructors to withdraw students from class for non-participation or excessive (4 or more) absences through the 10th week of class.*